



## What's On in January, February, March and April 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHILD CARE</b> 7.00am – 6.00pm	<b>CHILD CARE</b> 7.00am – 6.00pm <b>KINDY:</b> 8.30am – 1.30pm	<b>CHILD CARE</b> 7.00am – 6.00pm <b>KINDY:</b> 8.30am – 1.30pm	<b>CHILD CARE</b> 7.00am – 6.00pm <b>KINDY:</b> 8.30am – 1.30pm	<b>CHILD CARE</b> 7.00am – 6.00pm
<b>LEARNING TOGETHER SING &amp; MOVE (OVER 3 ROOM CHILDREN'S CENTRE)</b> 10.00am to 10.45am <b>Feb 6<sup>th</sup> to April 3<sup>rd</sup></b> Music and movement program for families with young children. <b>Contact:</b> 83825950 or 83826161	<b>MYTIME (CHILDREN'S CENTRE UNIT)</b> 9.30am to 11.30am <b>Jan 31<sup>st</sup> to March 21<sup>st</sup></b> A support group for parents and carers of a child with a disability, developmental delay or chronic health condition. Nibbles, guest speakers, activities or just have a laugh with others. <b>Free crèche- Booking required.</b> <b>Please register:</b> 8382 6161	<b>FEELING CONNECTED (CHILDREN'S CENTRE UNIT)</b> 9.30am to 11.00am <b>1<sup>st</sup> Wednesday of month Feb 1<sup>st</sup>, March 1<sup>st</sup>, April 5<sup>th</sup></b> A group for all parents looking to grow a strong bond with their child through Baby Wearing <b>Contact:</b> Jess 0435 374 591 Or 8382 6161	<b>FAMILY FRIENDLY FITNESS (SCHOOL OVAL)</b> 9.30am to 10.30am <b>School Term Only</b> Group fitness led by a qualified instructor with a knack for making it social, positive and allowing young children to be included too. Adult fitness without a crèche cost, and fun for all! <b>Contact:</b> 8382 6161 or Milan on 0403 369 791	<b>SCHOOL PLAYGROUP (CHILDREN'S CENTRE UNIT)</b> 9.00am to 10.30am <b>School Term Only</b> A fun playgroup for children 0-5. Enjoy songs and activities such as painting, play dough and puzzles. Please bring a piece of fruit to share. <b>Contact:</b> 8352 5346
<div style="position: absolute; left: -40px; top: 50%; transform: translateY(-50%); font-size: 20px; color: blue; font-weight: bold;">NEW</div> <b>ENERGIZE AND UNWIND WALKING GROUP with Coffee &amp; Chat (CHILDREN'S CENTRE UNIT)</b> 9.00am-10,30am <b>Feb 6<sup>th</sup> to March 4<sup>th</sup></b> A walking group led by our Occupational Therapist Huang to energise your body, then stay for a coffee and chat with Tara, our Speech Pathologist about parenting, looking after yourself, or your child's development. Children in prams are welcome to come for the walk and play in our crèche during the chat time. <b>Contact:</b> 8382 6161	<b>OURTIME GRANDPRENTS PRORGAM (CHILDREN'S CENTRE UNIT)</b> 12.00noon to 2.00pm <b>Feb 7<sup>th</sup>, 21<sup>st</sup>, March 7<sup>th</sup> and 21<sup>st</sup>, April 4<sup>th</sup></b> A coffee and chat session for grandparents raising their grandchildren. Supported by Alex from Onkaparinga Council <b>Contact:</b> Alex 0434 343 840 Centre: 8382 6161	<b>MAKING SENSE (CHILDREN'S CENTRE UNIT)</b> 12.00pm to 1.00pm Meet with Community Development and Family Support Coordinators Milan and Bronwyn. Get helpful advice and support for general living and access to community groups.	<b>PEOPLE MATTERS HACKHAM WEST COMMUNITY MEETING (CHILDREN'S CENTRE UNIT)</b> 10.30am to 12.00pm <b>2<sup>nd</sup> Thursday of month 9<sup>th</sup> Feb, 9<sup>th</sup> Mar 13<sup>th</sup> April</b> <b>Contact:</b> Milan 0403 369 791	<b>HOLIDAY PLAY DAYS (CHILDREN'S CENTRE UNIT)</b> <b>January School Holidays</b> SEE OUR FACEBOOK PAGE FOR OUR SCHOOL HOLIDAY PROGRAM Picnic Playgroup and inclusive sessions for families with children <b>with all needs.</b>
<b>AUTISM SUPPORT GROUP SASDN (CHILDREN'S CENTRE UNIT)</b> 10.00 to 12.00 noon <b>1<sup>st</sup> Monday of month Feb 6<sup>th</sup>, March 6<sup>th</sup> April 3<sup>rd</sup></b> A peer support group for adults who have an interest in Autism Spectrum Disorder <b>Contact:</b> Hayley 0430 810 615	<b>CIRCLE OF SECURITY (CHILDREN'S CENTRE UNIT)</b> 4.00pm to 6.00pm <b>Feb 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>, March 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup></b> Join Bronwyn to develop a better understanding of your children's needs <b>Free crèche- Booking required.</b> <b>Please register:</b> 8382 6161 Milan on 0403 369 791	<b>Great Start</b> Everyday learning for numeracy and literacy <a href="http://www.greatstart.sa.edu.au">www.greatstart.sa.edu.au</a> a website for families with young children, from birth to five years of age.	<b>COMMUNITY FOODIES (CHILDREN'S CENTRE UNIT)</b> 11:30am to 1:30pm <b>March 2<sup>nd</sup> to 23<sup>rd</sup></b> A healthy eating program aimed at improving healthy cooking skills. You will enjoy shared cooking and mealtimes throughout this program <b>Contact:</b> Milan on 0403 369 791	<b>SATURDAY FAMILY PLAYGROUP</b> <b>10.00am-11.30am EVERY SATURDAY</b> <b>Term time (CHILDREN'S CENTRE)</b> <b>FREE MORNING SNACK for all</b> ALL FAMILIES WITH UNDER 5'S WELCOME to enjoy our large and well equipped yard along side other families from the community. Fruit snack supplied. Regular visits from our Speech Pathologist, Occupational Therapist and Social Worker to have an informal chat No booking required <b>Contact:</b> Maddy 8382 6161
<b>OCCUPATIONAL THERAPY &amp; SPEECH PATHOLOGY Drop in's and appointment (CHILDREN'S CENTRE UNIT)</b> Supporting Children's Development: Our Speech Pathologist and Occupational Therapist are available on Mondays and alternate Tuesdays to discuss your child's participation in everyday activities and routines <b>Contact:</b> Centre 8382 6161	<div style="position: absolute; left: -40px; top: 50%; transform: translateY(-50%); font-size: 20px; color: blue; font-weight: bold;">NEW</div> <b>Toilet Training Workshops</b> 10.30am-11.30 am <b>Saturday</b> <b>February 11<sup>th</sup> and 18<sup>th</sup></b> <b>(CHILDREN'S CENTRE- Vintners Walk)</b> <b>with Tara (Speech Pathologist) and Houng (Occupational Therapist)</b> Facilitated Parent information sessions on toilet training and strategies to help when it just isn't going to plan FREE crèche available <b>To Register call 8382 6161</b>		<div style="text-align: center;"> <b>Like us on Facebook</b>              Hackham West              Children's Centre           </div>	

<b>Program Key:</b>	<b>Disability Support</b>	<b>Parenting Group</b>	<b>Family Health &amp; Wellbeing focus</b>	<b>Parents and Kids</b>	<b>Child Development</b>	<b>Community Engagement</b>
---------------------	---------------------------	------------------------	--	-------------------------	--------------------------	-----------------------------

Hackham West Children's Centre is a dynamic centre offering high quality care and education, health information and services as well as family support services for young children and their families.

Our dedicated team works in close partnership with families and a range of government, non-government and community agencies to provide programs which nurture and support healthy development and promote positive learning and life outcomes for all children and families.

We support mums, dads and carers through the early years parenting stage and offer a diverse range of opportunities to engage with other parents and to get support to cope with the challenges and delights of raising young children.

We have a variety of programs and events, including Child Care, Kindy, playgroups, health services and family and community programs. We share our services over 2 main locations:

At the **Children's Centre on Vintners Walk** we have our Child Care, Kindy/preschool, Family Playgroup and Learning Together Programs.

At **Hackham West R-7 School** we have our **Children's Centre Unit** where we hold our parenting courses and all other groups. We also connect with the **Hackham West Community Centre** for shared programs.

Participating in both the Children's Centre and the Children's Centre Unit helps you to connect with services for adults only, adults and children together as well as just for children.

We are excited to be part of this community and invite parents, community members and local organisations to get involved with the ongoing development of our centre.

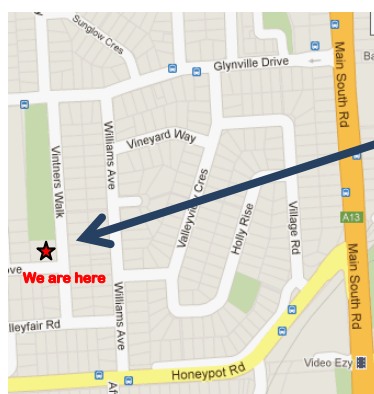
## WE ARE NOW ON FACEBOOK!

Like our page to keep up to date with what's happening in the Children's Centre.....  
search **Hackham West Children's Centre**



Like us on  
**Facebook**

**COMING BY BUS?** You can catch the 743 or 744 to Glynville Drive  
**Stop 59** for the Children's Centre and **Stop 60** for Children's Centre Unit @ Hackham West R-7 School



YOU CAN FIND US  
HERE.