



What's On in May, June and July 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHILD CARE 7.00am – 6.00pm	CHILD CARE 7.00am – 6.00pm KINDY: 8.30am – 1.30pm	CHILD CARE 7.00am – 6.00pm KINDY: 8.30am – 1.30pm	CHILD CARE 7.00am – 6.00pm KINDY: 8.30am – 1.30pm	CHILD CARE 7.00am – 6.00pm
LEARNING TOGETHER SING & MOVE (OVER 3 ROOM CHILDREN'S CENTRE) 10.00am to 10.45am May 8th to June 26th Music and movement program for families with young children. Contact: 8382 5950 or 8382 6161	MYTIME (CHILDREN'S CENTRE UNIT) 9.30am to 11.30am May 2nd to June 20th A support group for parents and carers of a child with a disability, developmental delay or chronic health condition. Nibbles, guest speakers, activities or just have a laugh with others. Free crèche- Booking required. Please register: 8382 6161	FEELING CONNECTED (CHILDREN'S CENTRE UNIT) 9.30am to 11.00am Fortnightly May 3rd 17th 31st June 14th 18th A group for all parents looking to grow a strong bond with their child through Baby Wearing Contact: Jess 0435 374 591 Or 8382 6161.	CIRCLE OF SECURITY PARENTING (CHILDREN'S CENTRE UNIT) 9.30am to 11.30am May 18th to July 6th Join Bronwen to develop a better understanding of your children's needs Free crèche- Booking required. Please register: 8382 6161 Milan on 0403 369 791	SCHOOL PLAYGROUP (CHILDREN'S CENTRE UNIT) 9.00am to 10.30am School Term Only A fun playgroup for children 0-5. Enjoy songs and activities such as painting, play dough and puzzles. Please bring a piece of fruit to share. Contact: 8382 0955
ENERGIZE AND UNWIND WALKING GROUP with Coffee & Chat STARTS @CHILDREN'S CENTRE 9.30am-10,30am May 8th to June 26th A walking group led by our Occupational Therapist & coffee and chat with our Speech Pathologist. Children in prams are welcome to come for the walk and play in our crèche during the chat time. Contact: 8382 6161	OURTIME GRANDPARENTS PRORGAM (CHILDREN'S CENTRE UNIT) 12.00noon to 2.00pm May 2nd 16th, 30th, June 13th and 27th, July 4th A coffee and chat session for grandparents raising their grandchildren. Supported by Alex from Onkaparinga Council Contact: Alex 0434 343 840	MAKING SENSE (CHILDREN'S CENTRE UNIT) 12.00pm to 1.00pm Meet with Community Development and Family Support Coordinators Milan and Bronwyn. Get helpful advice and support for general living and access to community groups.	FAMILY FRIENDLY FITNESS (SCHOOL OVAL) 9.30am to 10.30am School Term Only Group fitness led by a qualified instructor with a knack for making it social, positive and allowing young children to be included too. Adult fitness without a crèche cost, and fun for all! Contact: 8382 6161 or Milan on 0403 369 791	SATURDAY FAMILY PLAYGROUP 10.00am-11.30am EVERY SATURDAY Term time (CHILDREN'S CENTRE) FREE MORNING SNACK for all ALL FAMILIES WITH UNDER 5'S WELCOME to enjoy our large and well equipped yard along side other families from the community. Fruit snack supplied. Regular visits from our Speech Pathologist, Occupational Therapist and Social Worker to have an informal chat No booking required Contact: Maddy 8382 6161
MINDFULNESS AWARENESS PARENTING (CHILDREN'S CENTRE UNIT) 9.30am to 11.30am May 8th to July 3rd An 8 week group supporting families and parents to use mindful awareness to focus on themselves with kindness. This group is funded by HIPPY Australia Contact: 0447 967 174	LEARNING TOGETHER <h3 style="margin: 0;">Muddy Nature Playgroup</h3> <p style="margin: 0;">Coming soon Tues or Wed pm (day and time to be confirmed)</p> <p style="margin: 0;">An outdoor playgroup focused on getting out and learning in nature. Some wet weather gear supplied. Please bring rubber boots if rainy To Register call 8382 5950 or 8382 6161</p>		PEOPLE MATTERS HACKHAM WEST COMMUNITY MEETING (CHILDREN'S CENTRE UNIT) Thursday pm Dates to be advised. Contact: Milan 0403 369 791	PARENT INFORMATION SESSIONS @ PLAYGROUP 10.30 am to 11.30 am Saturday May 27th and June 3rd (CHILDREN'S CENTRE) Facilitated parent information sessions on early childhood development, health and learning- Topics to be advised! FREE crèche available To Register call 8382 6161
FANTASTIC FOODIE KIDS (CHILDREN'S CENTRE UNIT) 1.30-2.30pm May 8th to June 5th Get excited about food with your child. Hands on fun, eating and learning about food for kids led by our early childhood specialists Tara and Huong Contact: 8382 6161	OCCUPATIONAL THERAPY & SPEECH PATHOLOGY Drop in's and appointment (CHILDREN'S CENTRE UNIT) Supporting Children's Development: Our Speech Pathologist and Occupational Therapist are available on Mondays and alternate Tuesdays to discuss your child's participation in everyday activities and routines Contact: Centre 8382 6161	COWS COWS COWS! WEEK 1-4 The Cows are coming! Cows Create Careers are sending us 2 calves again to help us learn about the dairy industry. Children and staff from Hackham West School will be caring for them during their stay. Visitors welcome. Contact: Milan 0403 369 791	AUTISM INTEREST GROUP SASDN (CHILDREN'S CENTRE UNIT) 12.30pm to 2.30pm A peer support group for adults who have an interest in Autism Spectrum Disorder. Contact Hayley 0430 810 615	



Program Key:	Disability Support	Parenting Group	Family Health & Wellbeing focus	Parents and Kids	Child Development	Community Engagement
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Hackham West Children's Centre is a dynamic centre offering high quality care and education, health information and services as well as family support services for young children and their families.

Our dedicated team works in close partnership with families and a range of government, non-government and community agencies to provide programs which nurture and support healthy development and promote positive learning and life outcomes for all children and families.

We support mums, dads and carers through the early years parenting stage and offer a diverse range of opportunities to engage with other parents and to get support to cope with the challenges and delights of raising young children.

We have a variety of programs and events, including Child Care, Kindy, playgroups, health services and family and community programs. We share our services over 2 main locations:

At the **Children's Centre on Vintners Walk** we have our Child Care, Kindy/preschool, Family Playgroup and Learning Together Programs.

At **Hackham West R-7 School** we have our **Children's Centre Unit** where we hold our parenting courses and all other groups. We also connect with the **Hackham West Community Centre** for shared programs.

Participating in both the Children's Centre and the Children's Centre Unit helps you to connect with services for adults only, adults and children together as well as just for children.

We are excited to be part of this community and invite parents, community members and local organisations to get involved with the ongoing development of our centre.

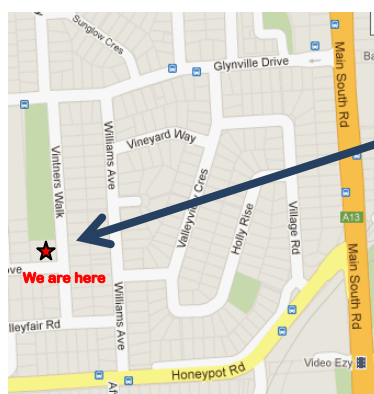
WE ARE NOW ON FACEBOOK!

Like our page to keep up to date with what's happening in the Children's Centre.....
search ***Hackham West Children's Centre***



Like us on
Facebook

COMING BY BUS? You can catch the 743 or 744 to Glynville Drive
Stop 59 for the Children's Centre and **Stop 60** for Children's Centre Unit @ Hackham West R-7 School



YOU CAN FIND US
HERE.