



## What's On in July, August and September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHILD CARE</b> 7.00am – 6.00pm	<b>CHILD CARE</b> 7.00am – 6.00pm <b>KINDY:</b> 8.30am – 1.30pm	<b>CHILD CARE</b> 7.00am – 6.00pm <b>KINDY:</b> 8.30am – 1.30pm	<b>CHILD CARE</b> 7.00am – 6.00pm <b>KINDY:</b> 8.30am – 1.30pm	<b>CHILD CARE</b> 7.00am – 6.00pm
<b>LEARNING TOGETHER</b> <b>SING &amp; MOVE</b> <b>(OVER 3 ROOM</b> <b>CHILDREN'S CENTRE)</b> 10.00am to 10.45am <b>31<sup>st</sup> July to 18<sup>th</sup> Sept</b> Music and movement program for families with young children. <b>Contact:</b> 8382 5950 or 8382 6161	<b>MYTIME</b> <b>(CHILDREN'S CENTRE UNIT)</b> 9.30am to 11.30am <b>July 25<sup>th</sup> to Sept 12<sup>th</sup></b> A support group for parents and carers of a child with a disability, developmental delay or chronic health condition. Nibbles, guest speakers, activities or just have a laugh with others. <b>Free crèche- Booking required.</b> <b>Please register:</b> 8382 6161	<b>FEELING CONNECTED</b> <b>(CHILDREN'S CENTRE UNIT)</b> 9.30am to 11.00am <b>Fortnightly</b> <b>July 26<sup>th</sup>, August 9<sup>th</sup> and 23<sup>rd</sup>, Sept 6<sup>th</sup> and 20<sup>th</sup></b> A group for all parents looking to grow a strong bond with their child through Baby Wearing <b>Contact:</b> Jess 0435 374 591 Or 8382 6161.	<b>SURVIVING AND THRIVING PLAYGROUP</b> <b>(CHILDREN'S CENTRE UNIT)</b> 10.00am to 11.30am <b>School Term only</b> Join Bronwen for a free supported playgroup for mums and children aged 0-5yrs where the mums are survivors of domestic violence. <b>Please register:</b> Bronwen 0437 460 027 Milan on 0403 369 791	<b>SCHOOL PLAYGROUP</b> <b>(CHILDREN'S CENTRE UNIT)</b> 9.00am to 10.30am <b>School Term Only</b> A fun playgroup for children 0-5. Enjoy songs and activities such as painting, play dough and puzzles. Please bring a piece of fruit to share. <b>Contact:</b> 8382 0955
<b>MINDFULNESS AWARENESS PARENTING</b> <b>(CHILDREN'S CENTRE UNIT)</b> 9.30am to 11.30am <b>Aug 7<sup>th</sup> to Sept 25<sup>th</sup></b> An 8 week group supporting families and parents to use mindful awareness to focus on themselves with kindness. This group is funded by HIPPY Australia <b>Contact:</b> 0447 967 174	<b>OURTIME</b> <b>GRANDPARENTS PRORGAM</b> <b>(CHILDREN'S CENTRE UNIT)</b> 12.00noon to 2.00pm <b>July 25<sup>th</sup>, August 8<sup>th</sup> and 22<sup>nd</sup>, Sept 5<sup>th</sup> and 19<sup>th</sup></b> A coffee and chat session for grandparents raising their grandchildren. Supported by Alex from Onkaparinga Council <b>Contact:</b> Alex 0434 343 840 Centre: 8382 6161	<b>MAKING SENSE</b> <b>(CHILDREN'S CENTRE UNIT)</b> 12.00pm to 1.00pm Meet with Community Development and Family Support Coordinators Milan and Bronwyn. Get helpful advice and support for general living and access to community groups.	<b>FAMILY FRIENDLY FITNESS</b> <b>(SCHOOL OVAL)</b> 9.30am to 10.30am <b>School Term Only</b> Group fitness led by a qualified instructor with a knack for making it social, positive and allowing young children to be included too. Adult fitness without a crèche cost, and fun for all! <b>Contact:</b> 8382 6161 or Milan on 0403 369 791	<b>SATURDAY FAMILY PLAYGROUP</b> <b>10.00am-11.30am</b> <b>EVERY SATURDAY</b> <b>Term time</b> <b>(CHILDREN'S CENTRE)</b> <b>FREE MORNING SNACK for all</b> ALL FAMILIES WITH UNDER 5'S WELCOME to enjoy our large and well equipped yard along side other families from the community. Fruit snack supplied. Regular visits from our Speech Pathologist, Occupational Therapist and Family Support worker to have an informal chat No booking required
 Australia <b>Contact:</b> 0447 967 174	 <b>Muddy Nature Playgroup</b> 1.15pm to 2.45pm <b>Starting Aug 1<sup>st</sup></b> An outdoor playgroup focused on getting out and learning in nature. Some wet weather gear supplied. Please bring rubber boots if rainy <b>To Register call</b> 8382 5950 or 8382 6161 Supported by Jo and Suzy	<b>Coming Soon</b> Our new slide and even more nature spaces. Perfect for young children to explore. Visit our child care and	 Kindy today for a look.	<b>CIRCLE OF SECURITY PARENTING</b> <b>(CHILDREN'S CENTRE UNIT)</b> 1.00pm to 3.00pm <b>July 27<sup>th</sup> to Sept 14<sup>th</sup></b> A program to help you strengthen a positive relationship with your child. <b>Free crèche-Booking required.</b> <b>Please register:</b> Bronwen 0437 460 027 or 8382 6161
<b>OCCUPATIONAL THERAPY &amp; SPEECH PATHOLOGY</b> <b>Drop in's and appointment</b> <b>(CHILDREN'S CENTRE UNIT)</b> Supporting Children's Development: Our Speech Pathologist and Occupational Therapist are available on Mondays and alternate Tuesdays to discuss your child's participation in everyday activities and routines <b>Contact:</b> Centre 8382 6161		<b>PEOPLE MATTERS</b> <b>HACKHAM WEST</b> <b>COMMUNITY MEETING</b> <b>(CHILDREN'S CENTRE UNIT)</b> Thursday pm <b>July 27<sup>th</sup>, August 10<sup>th</sup>, Sept 14<sup>th</sup></b>	<b>PARENT INFORMATION SESSIONS</b> <b>@ PLAYGROUP</b> 10.30 am to 11.30 am Saturday <b>Dates and topics to be advised.</b> Facilitated parent information sessions on early childhood development, health and learning- Topics to be advised! FREE crèche available <b>To Register call</b> 8382 6161	

**FULL FOR TERM 3**

To register your interest for this in the future contact Deb 0447 967 174

Program Key:	Disability Support	Parenting Group	Family Health & Wellbeing focus	Parents and Kids	Child Development	Community Engagement
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Hackham West Children's Centre is a dynamic centre offering high quality care and education, health information and services as well as family support services for young children and their families.

Our dedicated team works in close partnership with families and a range of government, non-government and community agencies to provide programs which nurture and support healthy development and promote positive learning and life outcomes for all children and families.

We support mums, dads and carers through the early years parenting stage and offer a diverse range of opportunities to engage with other parents and to get support to cope with the challenges and delights of raising young children.

We have a variety of programs and events, including Child Care, Kindy, playgroups, health services and family and community programs. We share our services over 2 main locations:

At the **Children's Centre on Vintners Walk** we have our Child Care, Kindy/preschool, Family Playgroup and Learning Together Programs.

At **Hackham West R-7 School** we have our **Children's Centre Unit** where we hold our parenting courses and all other groups. We also connect with the **Hackham West Community Centre** for shared programs.

Participating in both the Children's Centre and the Children's Centre Unit helps you to connect with services for adults only, adults and children together as well as just for children.

We are excited to be part of this community and invite parents, community members and local organisations to get involved with the ongoing development of our centre.

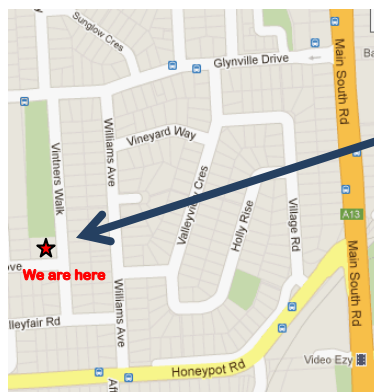
## WE ARE NOW ON FACEBOOK!

Like our page to keep up to date with what's happening in the Children's Centre.....  
search ***Hackham West Children's Centre***



Like us on  
**Facebook**

**COMING BY BUS?** You can catch the 743 or 744 to Glynville Drive  
**Stop 59** for the Children's Centre and **Stop 60** for Children's Centre Unit @ Hackham West R-7 School



YOU CAN FIND US  
HERE.